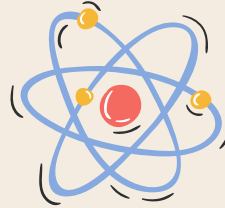


UNIVERSITY HIGH SCHOOL

FRESHMAN SCHEDULE



Honors English 9- This course includes writing, grammar, and reading as students explore works of literature from a variety of time periods and genres. Students master foundations of written and spoken English in preparation for their sophomore through their senior years, where students look more in depth at literary analysis and critical writing.

Latin I -Students will study the vocabulary and grammar of the ancient Romans using a variety of source materials, including Wheelock's Latin, 38 Latin Stories, and Latin for the New Millennium. Students will learn Classical Literacy Terms, which will not only familiarize them with terms used in the modern world but also help them recognize references to Greco-Roman History and mythology.

Mathematics-UHS students are required to take four years of math. Students who have advanced beyond high school math may take courses at Fresno State. Please refer to our "Four Year Plan" on the UHS website for the most current course offerings.

Physics-Science at UHS is designed to teach students how the world works, providing the foundational concepts for all science. The emphasis is on conceptual understanding, problem solving techniques, and critical thinking skills. This class is also designed for students to use the "experiment before lecture" method as they think about the world. Students are required to engage in many science experiments as they learn the principles of physics. The "Modeling Instruction Method" is the approach that all UHS science classes utilize.

Musicianship I- This course is a music history and theory class that is unique to UHS. It includes listening skills, music theory, and music history through the Renaissance. Students will develop skills in rhythmic dictation, melodic dictation, and sight singing. They will study and compose species counterpoint, learn triads-and their inversions- along with figured bass and chord symbols. They will apply this knowledge when analyzing representative music of the various time periods studied.

Physical Education- At UHS, the physical well being of our students matters as much as their intellectual growth. Our PE program for freshmen and sophomore students is designed to introduce students to a variety of activities and fitness related goals. For the first two years, the focus is on individual and dual activities, cardiovascular endurance, muscular strength and endurance, flexibility, and body composition. Students will learn how to perform a variety of activities using proper form while also learning about health issues.



Performing Groups-All students participate in a musical performing group which reflects the school's emphasis on the importance of music education. Students at UHS can choose between choral and instrumental music.

Beginning Drama- Drama is an elective taught at UHS. Students will focus on acting styles, technical theater, and audition preparation. These courses are taught during 7th and 8th periods. Interested students should contact their counselor.

48 Books Program-The **48 books program** is unique to UHS and is a cornerstone of our academic program. It is designed to enrich and broaden our students' experiences beyond the required coursework. Each month, students are given a book that is theirs to keep.

The books are a mix of current and classical fiction and non-fiction. These books are integrated into their English classes and are assessed in a variety of ways. At the end of their UHS education, students will have amassed a personal library of the 48 books, they will have read, discussed, and experienced as part of the UHS community. The complete list can be found on our website.

Personal Wellness-At UHS, we recognize the need to support student wellness. In addition to having two full time academic counselors on campus, we also have a counseling curriculum. Students will participate in various activities with their peer mentors in order to help create connections with their new classmates and learn how to be UHS (Understanding, Honorable, Studious).

Our freshmen will also spend time in English reading various texts that reinforce being UHS and character development. Lastly, in order for students to deeply connect with who they are, students will write monthly responses to counselor prompts which center on character reflection and developing a strong sense of self.

THEME: WHO AM I?