SOPHOMORE SCHOOL SOPHOMORE SCHEDULE











Honors English 10- This course builds on the foundations mastered in Honors English 9. While exploring one's responsibility to their community through critical reading, writing, and discussion, students will develop skills in advanced grammar, with a study of semantics and rhetoric. They will learn strategies for research and writing beyond the 5 paragraph essay in preparation for their AP English classes.

Latin II- Students continue to study the vocabulary and grammar of the ancient Romans using a variety of source materials, including Wheelock's Latin, 38 Latin Stories, and Latin for the New Millennium. Students will continue to learn Classical Literacy Terms which not only familiarizes them with terms used in the modern world but also help them recognize references to Greco-Roman history and mythology.

Mathematics-UHS students are required to take four years of math. Students who have advanced beyond high school math may take courses at Fresno State. Please refer to our "Four Year Plan" on the UHS website for the most current course offerings.

Chemistry- Students examine matter and energy at the molecular level. They work to uncover the world of small particles and relate their characteristics to what they see and experience. To accomplish this, this course-like all UHS science courses-uses Modeling Instruction. The emphasis of this approach is on understanding underlying principles rather than on acquiring factual knowledge. Students conduct labs and write reports to communicate important features of their model. Students then learn to recognize and apply the models built in class to new circumstances.

Musicianship II- The focus of this class is on the music theory and history of the Baroque and Classical periods. Students are also expected to continue the skill development they employed in their freshman year when they learned rhythmic dictation, melodic dictation, and sight singing.

Physical Education- At UHS, the physical well being of our students matters as much as their intellectual growth. Our PE program for freshmen and sophomore students is designed to introduce students to a variety of activities and fitness related goals. For the first two years, the focus is on individual and dual activities, cardiovascular endurance, muscular strength and endurance, flexibility, and body composition. Students will learn how to perform a variety of activities using proper form while also learning about health issues.



Performing Groups-All students participate in a musical performing group which reflects the school's emphasis on the importance of music education. Students at UHS can choose between choral and instrumental music.

Advanced Drama- Drama is an elective taught at UHS. This class is open to tenth-twelfth graders who have completed Beginning Drama. Students continue to focus on acting styles, technical theater, and audition preparation. These courses are taught during 7th and 8th periods. Interested students should contact their counselor.

History- In place of Modern World History, UHS sophomores will enroll in History 20 in the fall semester and History 21 in the spring semester. A Fresno State professor teaches the class. It is designed to introduce students to the teaching style and expectations of a college level course. Students will receive college credit for both semesters. This class meets in a Fresno State lecture hall. All students will meet for class Mondays and Wednesdays, from 8:00-8:50AM; Friday's class is asynchronous. There is often an assignment or lecture uploaded for this day.

48 Books Program-Students will continue to receive a book per month from our 48 Books Program. The complete list can be found on our website

Personal Wellness- At UHS, we recognize the need to support student wellness. In addition to having two full time academic counselors on campus, we also have a counseling curriculum. The focus of the sophomore year is "Who am I in relation to my community and environment?" Students will also plan for their junior year with a parent conference held with their counselor. Students will complete a resume through Naviance, as well as continuing with journal reflections in response to counselor prompts.

THEME: WHO AM I IN RELATION TO MY COMMUNITY AND ENVIRONMENT?