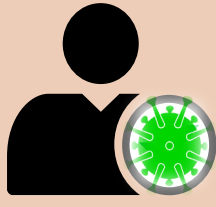



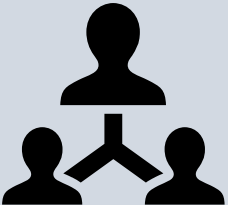




# FCSS Students COVID-19 Illness and Quarantine Guidelines

Report all cases to the school absence reporting line.

STUDENT A	STUDENT B	STUDENT C	STUDENT D	STUDENT E	STUDENT F
 <p><b>Any student who has tested positive for COVID-19 &amp; confirmed with lab result</b></p> <p><b>With symptoms:</b> Isolation until the following requirements have been met:</p> <ul style="list-style-type: none"> <li>✓ 10 days since symptoms first appeared <b>and</b></li> <li>✓ 24 hours* (1 day) with no fever (without the use of fever-reducing medicine) <b>and</b></li> <li>✓ <a href="#">Symptoms</a> have improved</li> </ul> <p>*The 24 hours without fever may possibly occur within the 10 days of isolation, or after the 10 days</p> <p><b>Without symptoms (asymptomatic):</b> Isolate for 10 days from test date:</p> <ul style="list-style-type: none"> <li>✓ Monitor self for symptoms, take temperature twice a day</li> <li>✓ Released from isolation after 10 days have passed as long as no symptoms have been present</li> </ul>	 <p><b>Any student who is solely symptomatic or who has tested for COVID-19 due to symptoms and waiting for lab results</b></p> <p><b>With symptoms:</b> Isolation until the following requirements have been met:</p> <ul style="list-style-type: none"> <li>✓ 24 hours* (1 day) with no fever (without the use of fever-reducing medicine) <b>and</b></li> <li>✓ <a href="#">Symptoms</a> have improved</li> </ul> <p>*Student B should have a negative test for SARS-CoV-2, OR a healthcare provider has provided documentation that the symptoms are typical of their underlying chronic condition (e.g., allergies or asthma) OR a healthcare provider has confirmed an alternative named diagnosis (e.g., Streptococcal pharyngitis, Coxsackie virus), OR at least 10 days have passed since symptom onset.</p>	 <p><b>Any student who lives in the same household with Person A</b></p> <p><b>If Student C is without symptoms (asymptomatic):</b></p> <ul style="list-style-type: none"> <li>✓ Quarantine for 10 days following date of last <b>exposure including complete separation from the person in your house with COVID-19</b>. This means no contact, no time together in the same room, and no sharing of any spaces, such as same bathroom or bedroom.</li> <li>✓ Quarantine to continue after <b>Person A</b> completes their isolation if unable to avoid exposure to <b>Person A</b>.             <ul style="list-style-type: none"> <li>✓ If Student C remains asymptomatic, they may discontinue quarantine under the following conditions:                 <ul style="list-style-type: none"> <li>✓ Quarantine can end after Day 10 from the date of last exposure without testing.</li> <li>✓ Quarantine can end after Day 7 if a diagnostic specimen is collected after Day 5 from the date of last exposure and tests negative.</li> </ul> </li> </ul> </li> </ul> <p>*If Student C becomes symptomatic, follow the instructions under Student B.</p>	 <p><b>Any student with close contact to Person A (&gt;15 min (cumulative per day), &lt; 6 feet)</b></p> <p>If <b>Student D</b> is exposed and both Student D and the positive student were <b>UNMASKED</b>, Student D must quarantine.</p> <p>If Student D remains asymptomatic, they may discontinue quarantine under the following conditions:</p> <ul style="list-style-type: none"> <li>✓ Quarantine can end after Day 10 from the date of last exposure without testing</li> <li>✓ Quarantine can end after Day 7 if a diagnostic specimen is collected after Day 5 from the date of last exposure and tests negative.</li> </ul> <p>If <b>Student D</b> is exposed and both students were <b>MASKED</b>, <b>Student D</b> may enter a "Modified Quarantine". Students under a Modified Quarantine can continue to come to school under the following conditions:</p> <ul style="list-style-type: none"> <li>✓ Are asymptomatic</li> <li>✓ Continue to appropriately mask, as required</li> <li>✓ Undergo at least twice weekly testing during the 10-day quarantine, and</li> <li>✓ Continue to quarantine for all extracurricular activities at school, including sports, and activities within the community setting.</li> </ul>	 <p><b>Any student who has had exposure to Student B, C OR D</b></p> <p><b>NO QUARANTINE OR ACTION REQUIRED</b></p> <ul style="list-style-type: none"> <li>✓ Continue to self-certify your health on a daily basis.</li> </ul> <p>If <b>Student B, C or D</b> with whom <b>Student E</b> had exposure within 14 days tests positive (timeline should start 2 days before <b>Student B, C or D</b> develops symptoms), then follow directions for Student D.</p>	 <p><b>Any student who is fully vaccinated against COVID-19</b></p> <p><b>Student F</b> needs to mask and should continue to practice handwashing, etc.</p> <p><b>If Student F is exposed to COVID-19:</b></p> <ul style="list-style-type: none"> <li>✓ If asymptomatic, no quarantine is needed.</li> <li>✓ If symptomatic, COVID-19 testing and contacting primary physician is recommended. Student may return to school when symptom-free for 24 hours.</li> </ul> <p><b>If Student F tests positive for COVID-19:</b></p> <ul style="list-style-type: none"> <li>✓ Must isolate for 10 days and can return when symptom-free for 24 hours (1 day) with no fever (without the use of fever-reducing medicine).</li> </ul>
 <p style="text-align: center;"><b>Recovered and Released</b></p>					

Definitions:

**Isolation** separates infected people with a contagious disease from people who are not sick.

**Quarantine** separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick.

**Close Contact** a person within 6 feet for more than 15 minutes (cumulative per day), regardless of whether person(s) are wearing a mask, starting from 48 hours before the person began feeling sick.